

“Colin Tipping’s Radical Empowerment Program”

Radical Manifestation Worksheet

1. The thing I desire to manifest, using the Law of Attraction, is *(It must be something tangible, outside of yourself, such that you will be able to recognize it when it shows up. Be general — add details in #6.*

2. The genuine feelings that drive this need are: *(Be honest, authentic and non-judgmental)*

longing outrage grief anger love deprivation expectation entitlement hope pride need
 empathy righteousness fear sadness shame guilt compassion Other _____

3. I love myself for feeling this lack and acknowledge that as a human being I am entitled to my feelings, no matter what they are.

4. I now realize that I can transform the situation of lack by stating WHAT I want and WHY I want it and then trust my Spiritual Intelligence to bring it into my experience.

5. The reasons I want what I now have intention to manifest are

6. I now clarify and declare to the Universe that my intention is now flowing energy specifically toward the manifestation of *(Be as detailed as necessary to convey total clarity)*

7. I see that my intention is manifesting by *(Give a time frame but stated in present tense).* _____

8. It is primarily a Baseline Intention *(Self Gratification)*, or a Transformational Intention *(Self Improvement)*, or a Transpersonal Intention *(Beyond Self)* . . . but it also has a transformational aspect, and/or a transpersonal aspect to it in the following way . . . *(show what additional meaning this has at the higher level)*

9. I realize that I am likely to have beliefs, assumptions, out-of-date values and other ideas buried in my subconscious and unconscious minds that would have, before now, censured, rejected or modified my intention.

Agree:	Open:	Skeptical:	Disagree

10. Judging by my performance in the past, some of the negative beliefs residing in my subconscious mind might have been I'm not worthy I don't deserve I'm not good enough I'll never make it. Who am I to ask for such things? I'm unlucky I'm not spiritual enough There's not enough to go around.

Other _____ ***I now reject them all — totally***

I am now deciding that no such idea will pollute or weaken my intention and am now anyway bypassing that part of my mind completely and ***giving my intention over to my Spiritual Intelligence.***

Agree:	Open:	Skeptical:	Disagree

11. I now see an image in my mind of what I now know is flowing easily and freely from the field of infinite possibility and manifesting into my reality now. As I enlarge that image in my mind I am able to describe how it looks and sounds to me and how I feel about it being already done.

12. I now realize and acknowledge that my limited imagination may not be seeing the real meaning of my intention and that the outcome I am seeing may not be what my spiritual intelligence and the Universe has in mind for me.

Agree:	Open:	Skeptical:	Disagree

13. I now therefore declare my total trust of the Universe to give me what is for the highest good for all concerned and I redirect the energy of certainty that I have generated so far towards feeling love and gratitude for the Spirit that is within me and within all things.

Willing:	Open:	Skeptical:	Unwilling

14. I completely surrender to Spirit now and drop all attachment to having what I asked for show up in any particular way, knowing that it is done and I shall recognize the perfection of it when I see it.

Willing:	Open:	Skeptical:	Unwilling

15. I feel myself totally reconnected with my Source and know that I am in the midst of pure abundance. I am open to receive that abundance continually.

Agree:	Open:	Skeptical:	Disagree

Signed: _____ Date: _____

It is Done!